Module No. 160  
Model: F-85P, F-85, A656, A657G, etc.

[Reading the display]

- **Regular timekeeping**
  - P.M. (lit) or Day
  - A.M. (not lit)
  - Second
  - Month
  - Year

- **Daily alarm mode**
  - Alarm-ON mark
  - Time-signal-ON mark

- **Dual time mode**

- **Stopwatch mode**
  - Lap indicator
  - Second

- **Time/calendar setting mode**
  - Day
  - Minute
  - Hour
  - Second
  - Month
  - Year

(Auto-retrieve function) Daily alarm and Time/calendar setting modes will automatically return to the regular timekeeping mode in 1 or 2 minutes.

[Setting daily alarm]

If the daily alarm is set, the buzzer sounds for 30 seconds at the preset time every day.
To stop the buzzer, press the button. If the time signal is set, the alarm chimes one second every hour on the hour.
(Sound demonstration) Press and hold the button in alarm mode to sound the buzzer.

[ON or OFF setting of daily alarm and time signal]

- **The alarm-ON mark**
  - Time-signal-ON mark

- **The alarm-ON mark**
  - Time-signal-ON mark

- **The alarm-ON mark**
  - Time-signal-ON mark

Press the button to advance one hour. Press the button to advance one minute. Press the button to complete.

[Setting time and calendar]

- **Regular timekeeping**
- **Second adjusting**
- **Hour setting**
- **Minute setting**
- **Year setting**
- **Month setting**
- **Date setting**
- **Day setting**

- (Quick digit advance) When the button is pressed for more than 2 seconds, the digit advances quickly. When released, the digit advance will stop.
- (Independent correction) Correction of any digit, if not required, can be skipped by pressing the button repeatedly.
- (Reversion to regular timekeeping mode) The watch reverts to the regular timekeeping mode if the button is pressed, regardless of the digit setting mode.
- (Auto-retrieve function) When setting the watch, if you leave it alone for 1 to 2 minutes, the display will automatically return to the regular timekeeping mode.

[Setting daily alarm]

If the daily alarm is set, the buzzer sounds for 30 seconds at the preset time every day.
To stop the buzzer, press the button. If the time signal is set, the alarm chimes one second every hour on the hour.
(Sound demonstration) Press and hold the button in alarm mode to sound the buzzer.

[ON or OFF setting of daily alarm and time signal]

- **The alarm-ON mark**
  - Time-signal-ON mark

- **The alarm-ON mark**
  - Time-signal-ON mark

- **The alarm-ON mark**
  - Time-signal-ON mark

Press the button to advance one hour. Press the button to advance one minute. Press the button to complete.

[Setting time and calendar]

- **Regular timekeeping**
- **Second adjusting**
- **Hour setting**
- **Minute setting**
- **Year setting**
- **Month setting**
- **Date setting**
- **Day setting**

- (Quick digit advance) When the button is pressed for more than 2 seconds, the digit advances quickly. When released, the digit advance will stop.
- (Independent correction) Correction of any digit, if not required, can be skipped by pressing the button repeatedly.
- (Reversion to regular timekeeping mode) The watch reverts to the regular timekeeping mode if the button is pressed, regardless of the digit setting mode.
- (Auto-retrieve function) When setting the watch, if you leave it alone for 1 to 2 minutes, the display will automatically return to the regular timekeeping mode.